



# Shinrai Karate



## Open Squad Training

Dear Students; Osu!

You're invited to attend the open squad training session for adults and juniors 9<sup>th</sup> kyu (Blue Belts and above) on:

Sunday 28<sup>th</sup> April 2019

Jubilee High School, School Lane, Addlestone KT15 1TB

Time: 10am - 12 noon

Cost £15

The course will be run by Sensei Kulwant Randhawa (former English National Champion) and will cover general fighting techniques, combinations and the points scoring system used in competitions.

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### Booking Form 28<sup>th</sup> April 2019

Name: \_\_\_\_\_

Club: \_\_\_\_\_

Grade: \_\_\_\_\_

Licence No: \_\_\_\_\_

Expiry Date: \_\_/\_\_/\_\_\_\_\_

**Online payment to: A/c 22372339**

**Sort code: 40-45-08**

Or by cash or cheque on the day: ***Shinrai karate limited***

☎ Sensei C David 07803 237543 - Sensei B David 07990 512431